

**Appendix 1.** Members of gut microbiome significantly correlated to fecal levels of indole-3-lactate (significance level = 3,  $p \leq 0.001$ ) in healthy individuals

Nº	Members of the gut microbial population	Spearman's rank correlation coefficient
1	<i>f_Ruminococcaceae; g_Faecalibacterium; s_OTU_1</i>	0.372
2	<i>f_Lachnospiraceae; g_Blautia; s_OTU_1</i>	0.369
3	<i>f_Lachnospiraceae; g_Lachnospiraceae_ND3007_group; s_OTU_2</i>	0.366
4	<i>f_Ruminococcaceae; g_Faecalibacterium; s_OTU_2</i>	0.362
5	<i>f_Ruminococcaceae; g_Faecalibacterium; s_OTU_3</i>	0.328
6	<i>f_Lachnospiraceae; g_Lachnoclostridium; s_OTU_1</i>	0.321
7	<i>f_Lachnospiraceae; g_OTU_1; s_OTU_1</i>	0.318
8	<i>f_Akkermansiaceae; g_Akkermansia; s_OTU_1</i>	0.315
9	<i>f_Lachnospiraceae; g_Lachnospiraceae_ND3007_group; s_OTU_1</i>	0.315
10	<i>f_Barnesiellaceae; g_Barnesiella; s_OTU_1</i>	0.312
11	<i>f_Lachnospiraceae; g_Lachnospiraceae_UCG-001; s_OTU_1</i>	0.306
12	<i>f_Lachnospiraceae; g_[Eubacterium]_hallii_group; s_OTU_1</i>	0.302
13	<i>f_Lachnospiraceae; g_Lachnospiraceae_UCG-010; s_OTU_5</i>	0.302
14	<i>f_Lachnospiraceae; g_Blautia; s_OTU_2</i>	0.302
15	<i>f_Lachnospiraceae; g_Lachnospiraceae_NK4A136_group; s_OTU_6</i>	0.297
16	<i>f_Lachnospiraceae; g_Fusicatenibacter; s_OTU_1</i>	0.296
17	<i>f_Monoglobaceae; g_Monoglobus; s_OTU_1</i>	0.295
18	<i>f_Ruminococcaceae; g_Faecalibacterium; s_OTU_4</i>	0.295
19	<i>f_Lachnospiraceae; g_Roseburia; s_OTU_1</i>	0.295
20	<i>f_Lachnospiraceae; g_Lachnospiraceae_ND3007_group; s_OTU_2</i>	0.293
21	<i>f_Tannerellaceae; g_Parabacteroides; s_OTU_1</i>	0.289
22	<i>f_Lachnospiraceae; g_Blautia; s_OTU_3</i>	0.289
23	<i>f_Bacteroidaceae; g_Bacteroides; s_OTU_1</i>	0.289
24	<i>f_Monoglobaceae; g_Monoglobus; s_OTU_2</i>	0.286
25	<i>f_Lachnospiraceae; g_Lachnospiraceae_NK4A136_group; s_OTU_7</i>	0.285
26	<i>f_Ruminococcaceae; g_Subdoligranulum; s_OTU_1</i>	0.285
27	<i>f_Pasteurellaceae; g_Haemophilus; s_OTU_1</i>	0.284
28	<i>f_Bacteroidaceae; g_Bacteroides; s_OTU_2</i>	0.283
29	<i>f_Monoglobaceae; g_Monoglobus; s_OTU_3</i>	0.282
30	<i>f_Lachnospiraceae; g_Blautia; s_OTU_4</i>	0.282
31	<i>f_Christensenellaceae; g_Christensenellaceae_R-7_group; s_OTU_1</i>	0.280
32	<i>f_Lachnospiraceae; g_Blautia; s_OTU_5</i>	0.280
33	<i>f_Bacteroidaceae; g_Bacteroides; s_OTU_2</i>	0.279
34	<i>f_Ruminococcaceae; g_Faecalibacterium; s_OTU_5</i>	0.278
35	<i>f_Lachnospiraceae; g_[Eubacterium]_eligens_group; s_OTU_1</i>	0.278
36	<i>f_Lachnospiraceae; g_Blautia; s_OTU_6</i>	0.276
37	<i>f_Lachnospiraceae; g_[Eubacterium]_hallii_group; s_OTU_2</i>	0.276
38	<i>f_Bacteroidaceae; g_Bacteroides; s_OTU_3</i>	0.276
39	<i>f_Lachnospiraceae; g_Anaerostipes; s_OTU_1</i>	0.275
40	<i>f_Ruminococcaceae; g_Faecalibacterium; s_OTU_6</i>	0.275
41	<i>f_Lachnospiraceae; g_Blautia; s_OTU_7</i>	0.275
42	<i>f_Ruminococcaceae; g_Faecalibacterium; s_OTU_7</i>	0.274
43	<i>f_Lachnospiraceae; g_Fusicatenibacter; s_OTU_2</i>	0.273
44	<i>f_Rikenellaceae; g_Alistipes; s_OTU_1</i>	0.273
45	<i>f_Lachnospiraceae; g_Lachnospiraceae_ND3007_group; s_OTU_3</i>	0.273
46	<i>f_Lachnospiraceae; g_OTU_1; s_OTU_1</i>	0.273
47	<i>f_Lachnospiraceae; g_[Ruminococcus]_torques_group; s_OTU_1</i>	0.272
48	<i>f_Lachnospiraceae; g_Fusicatenibacter; s_OTU_3</i>	0.270
49	<i>f_Bacteroidaceae; g_Bacteroides; s_OTU_4</i>	0.270
50	<i>f_Lachnospiraceae; g_Fusicatenibacter; s_OTU_4</i>	0.269
51	<i>f_Lachnospiraceae; g_Fusicatenibacter; s_OTU_5</i>	0.268
52	<i>f_Monoglobaceae; g_Monoglobus; s_OTU_4</i>	0.268
53	<i>f_Lachnospiraceae; g_Lachnospira; s_OTU_1</i>	0.268
54	<i>f_Lachnospiraceae; g_Lachnospiraceae_ND3007_group; s_OTU_4</i>	0.267